



The Life and Times of Cybersecurity Professionals

VOLUME VI

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The Life and Times of Cybersecurity Professionals Volume VI

CONTENTS

Research Objectives 3

with the Right Countermeasures

- Working as a Cybersecurity Professional Is Getting Increasingly Difficult 4
- Cybersecurity Programs Could Be Improved by Embracing a Cybersecurity Culture 12
- The Cybersecurity Skills Shortage Is Not Improving, and Organizations Are Not Responding 16
- CISO Success Depends Upon Leadership and Communication Skills 22
- Organizations Are Working Toward Future Cybersecurity Improvement 27
- Respondent Demographics and Research Methodology 31

Research Objectives

According to The Life and Times of Cybersecurity Professionals Volume VI (2023), the cybersecurity skills shortage continues unabated, leaving a majority of organizations with an ever-growing gap in the cybersecurity skills needed to reduce their cyber-risk from the latest threats. As the void widens, cybersecurity professionals bear the brunt: More than half find their jobs harder than two years ago, with many facing ongoing internal issues and new external challenges from an increase in cybersecurity complexity to a surge in cyber-attacks against an expanding attack surface. Chronic understaffing remains a major contributor to these issues and associated ramifications, with roughly one out of five professionals having even considered making a career switch, mainly out of frustration with what they perceive as organizational neglect and the sheer stress of their jobs.

Despite years of cybersecurity skills shortages, organizations aren't crafting effective strategies to bridge the skills gap. For example, salaries are not aligned to the increasingly difficult and demanding nature of the job nor the competitive job market. Not surprisingly, providing fair and competitive compensation remains the top initiative organizations could pursue to address the skills shortage according to most cyber pros. Additionally, over half want better access to training, certifications, and industry events as part of their compensation package. These simple steps could help organizations better address the skills shortage.

The gravity of the situation remains heavy. Cyber-threats loom large, and organizations remain vulnerable, in part due to under-equipped and overburdened cybersecurity teams. The data echoes a critical message: Unless businesses reevaluate and boost their investment in cybersecurity and recognize its pivotal role as a business driver versus a cost center, the security and safety of the digital realm's future appears perilous. To gain further insight into these trends, TechTarget's Enterprise Strategy Group (ESG) and the Information Systems Security Association (ISSA) surveyed 301 IT and cybersecurity professionals at organizations all over the world. This eBook serves as the sixth such research project, dating back to 2016.

All references to previous ESG/ISSA research in this ebook can be found in The Life and Times of Cybersecurity Professionals 2021 Volume V.

In assessing the life and times of cybersecurity professionals, this study sought to:



Assess the career progression of cybersecurity professionals.



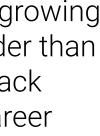
Measure the impact of the global cybersecurity skills shortage and uncover how organizations are responding.



Determine whether cybersecurity professionals are satisfied with their careers and current jobs.



Monitor the status and performance of cybersecurity leadership.





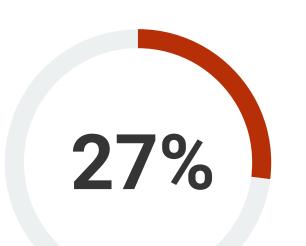


Working as a Cybersecurity Professional Is Getting Increasingly Difficult



Why a Cybersecurity Career Has Become More Difficult

A majority (63%) of cybersecurity professionals believe that working as a cybersecurity professional has become more difficult over the past two years. When this group was asked why this was the case, they cited reasons like increasing cybersecurity complexity and workloads, a growing attack surface, an understaffed security team, and continuous budget pressures. Cybersecurity pros are being asked to do more while many lack adequate resources to do so. This is a recipe for failure.



Reasons being a cybersecurity professional is more difficult today.

Cybersecurity complexity and workload has increased

Cyber-threats to my organization have increased as the attack surface has grown

My organization's cybersecurity team is understaffed

Cybersecurity budget pressures have made working as a cybersecurity professional more difficult

Regulatory compliance has become more complex

My organization lacks some cybersecurity skills

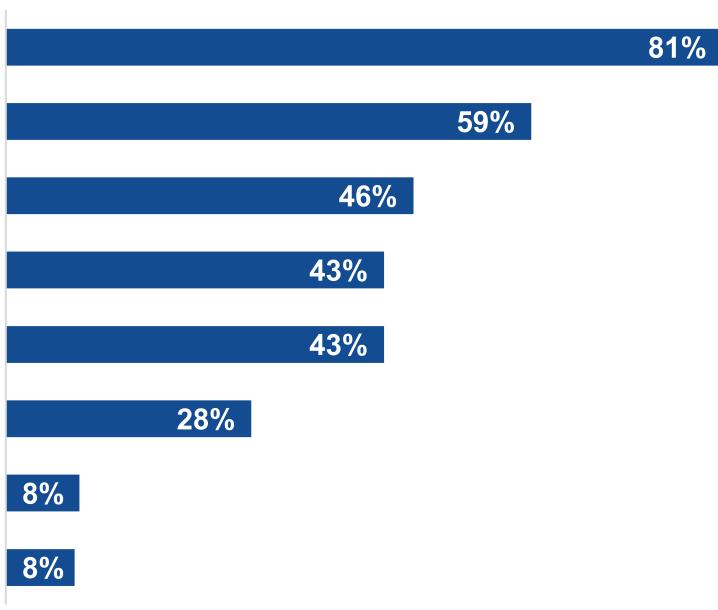
There is more cybersecurity oversight by executives and/or the board of directors

My organization has experienced one or several disruptive security events

Working as a cybersecurity professional is **much more** difficult today than it was 2 years ago.



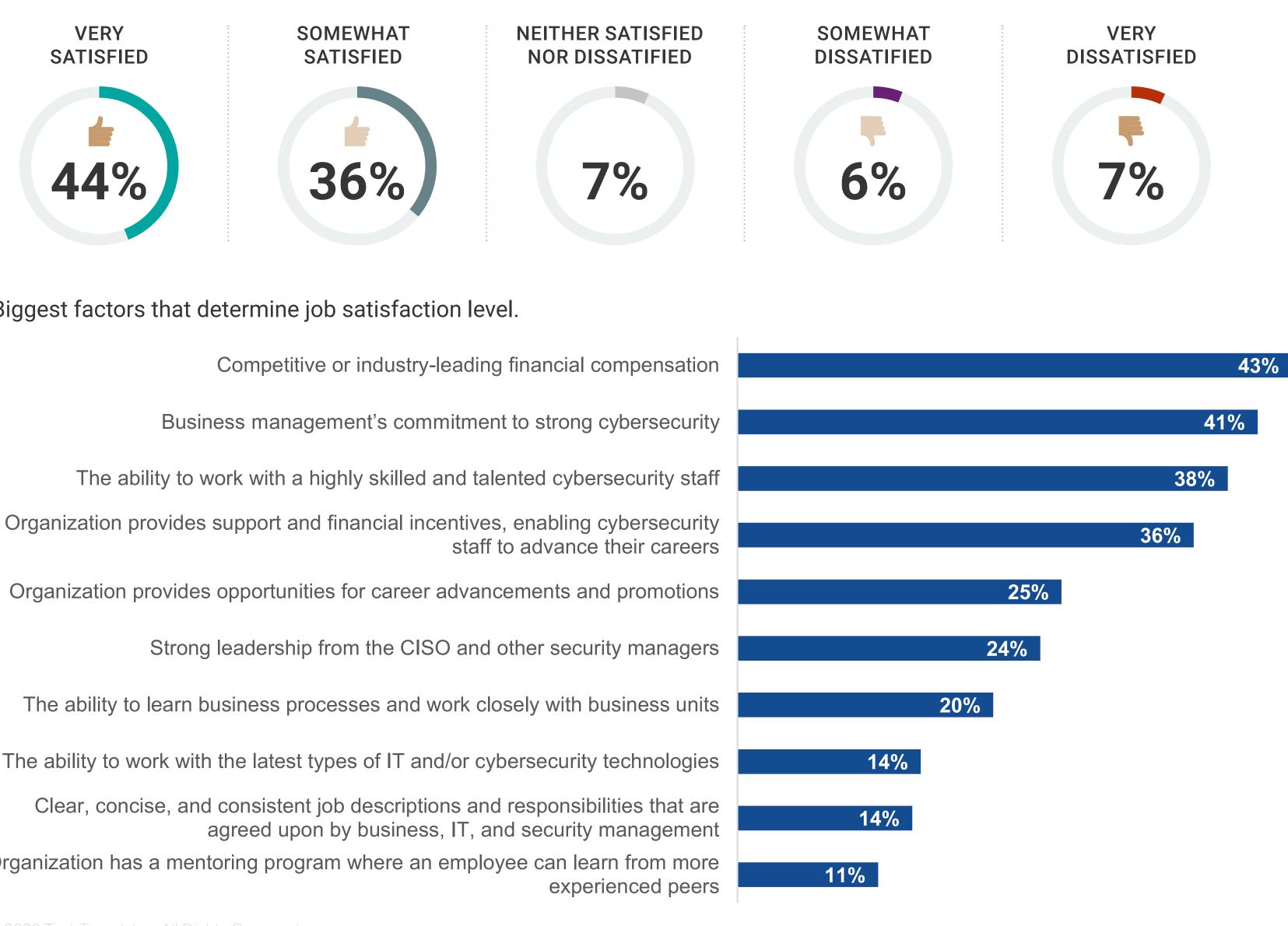
Working as a cybersecurity professional is **somewhat** more difficult today than it was 2 years ago.



G Nearly twothirds believe that working as a cybersecurity professional has become more difficult over the past 2 years."



Satisfaction level for current job among cybersecurity professionals.



Biggest factors that determine job satisfaction level.

Organization has a mentoring program where an employee can learn from more

What Is Driving **Cybersecurity Job** Satisfaction?

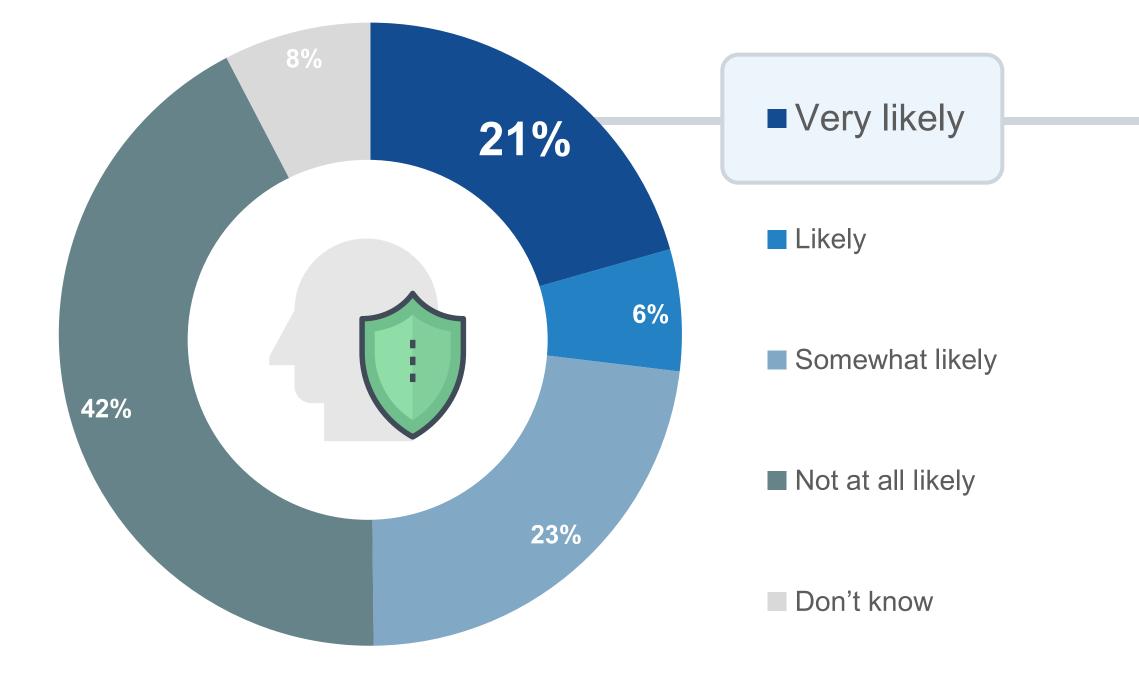
What factors drive job satisfaction? Recognizing their value, cybersecurity professionals want to be paid a competitive salary with commensurate benefits. Beyond financial incentives, cybersecurity pros equate job satisfaction to business management's commitment to cybersecurity, the ability to work with other experienced professionals, and incentives like the opportunity for continuous advanced training. It's safe to assume that dissatisfied cybersecurity professionals work at organizations lacking one or several of these attributes.

Despite cybersecurity professional challenges, 44% of survey respondents report that they are very satisfied with their current jobs, up slightly from 37% in 2021. This is a testament to cybersecurity professionals' dedication to the mission. However, it is worth noting that 13% of cybersecurity professionals are somewhat or very dissatisfied with their current position, and those very dissatisfied increased from 4% in 2021 to 7% this year. Dissatisfied employees predictably lead to employee attrition, exacerbating the challenges described previously.

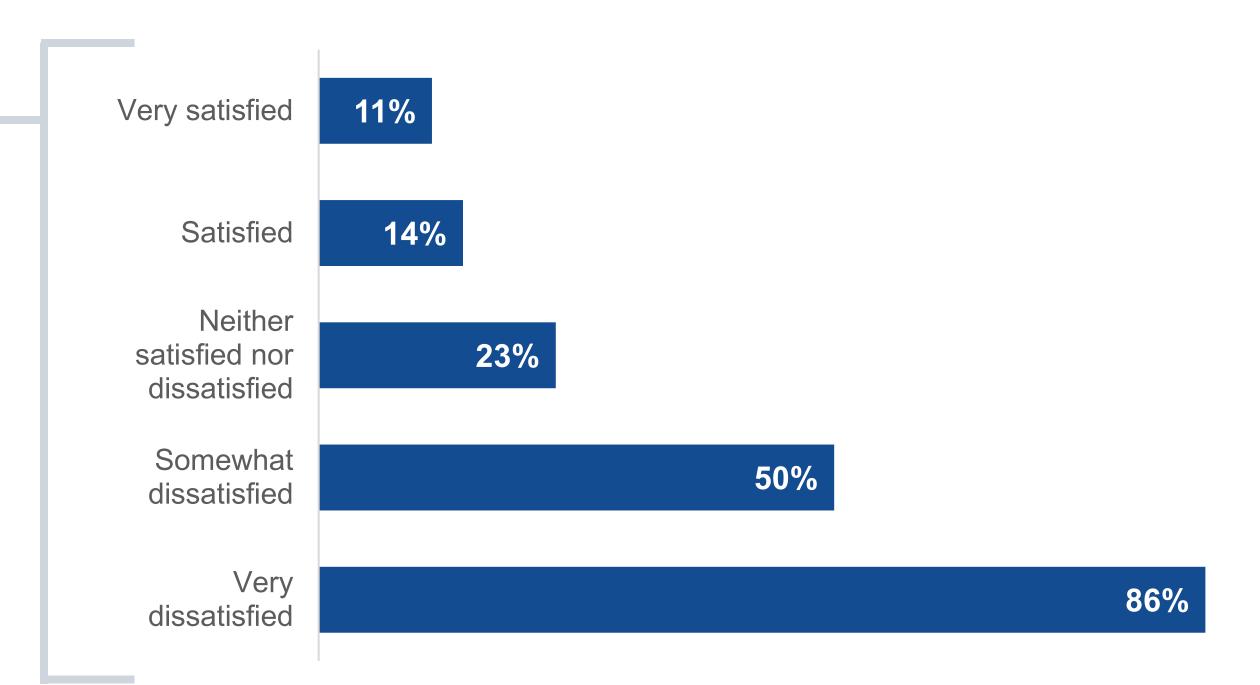
Potential Job Churn Is Pervasive, Especially Among Dissatisfied Cybersecurity Pros

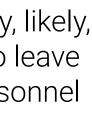
Growing job difficulties and dissatisfaction lead unavoidably to employee attrition as cybersecurity pros seek better opportunities. Indeed, half of survey participants are somewhat likely, likely, or very likely to leave their current jobs this year. Not surprisingly, there is a strong correlation between job churn and job satisfaction as 86% of cybersecurity professionals very likely to leave their jobs this year are also very dissatisfied with their current roles. CISOs should coordinate with HR managers to assess and address staff satisfaction issues before key security personnel seek an exit. Organizations lacking a strong cybersecurity culture or adequate employee compensation can expect a state of constant staff churn.

Likelihood of leaving current cybersecurity job in 2023.



Percentage of cybersecurity professionals who are very likely to leave their current job in 2023 based on how satisfied they are with that job. (Percent of respondents)





Stressful Aspects of the Cybersecurity Profession

Of course, job stress is also a critical component of job satisfaction. The data here isn't good, with 55% of cybersecurity professionals claiming they experience on-the-job stress at least half the time. The causes of job stress present a consistent pattern throughout the research: an overwhelming workload and working with disinterested business managers. The overwhelming workload is particularly stressful for cybersecurity professionals working at enterprise organizations (i.e., 1,000 or more employees), with 41% of enterprise cybersecurity pros saying the overwhelming workload is the most stressful aspect of their job versus 26% of those working at smaller organizations (i.e., fewer than 1,000 employees). Beyond these worries, cybersecurity professionals find it stressful when they aren't included in IT initiative planning or keeping up with the security needs of IT initiatives in general. Security pros also work in an environment of constant emergencies and disruption, which is a stressful situation. It is worth noting that the top 3 stressful aspects of a cybersecurity profession remained consistent in the 2021 and 2023 iterations of this study.

Most stressful aspects of cybersecurity jobs/careers.

Working with disinterested business managers

Finding out about IT initiatives/projects that were started by other teams within my organization with no security oversight

Keeping up with the security needs of new IT initiatives

Constant emergencies and disruptions that take me away from my primary tasks

Coordinating with IT operations teams to remediate security issues

Monitoring the security status of third parties my organization does business with

Keeping up with internal and regulatory compliance audits

Lack of solid career counseling or career path

Sorting through the myriad of security technologies used by my organization

Lack of security oversight in application development

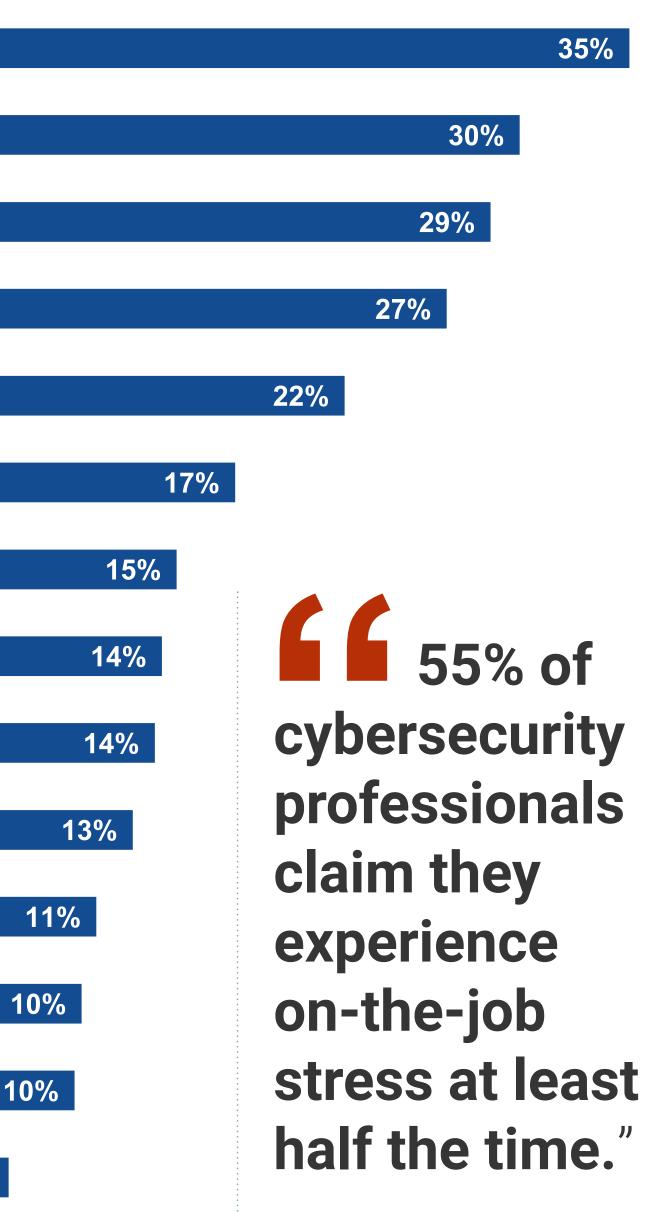
Overwhelming workload

Fear of getting something wrong

Technology issues

Coping with end-user mistakes

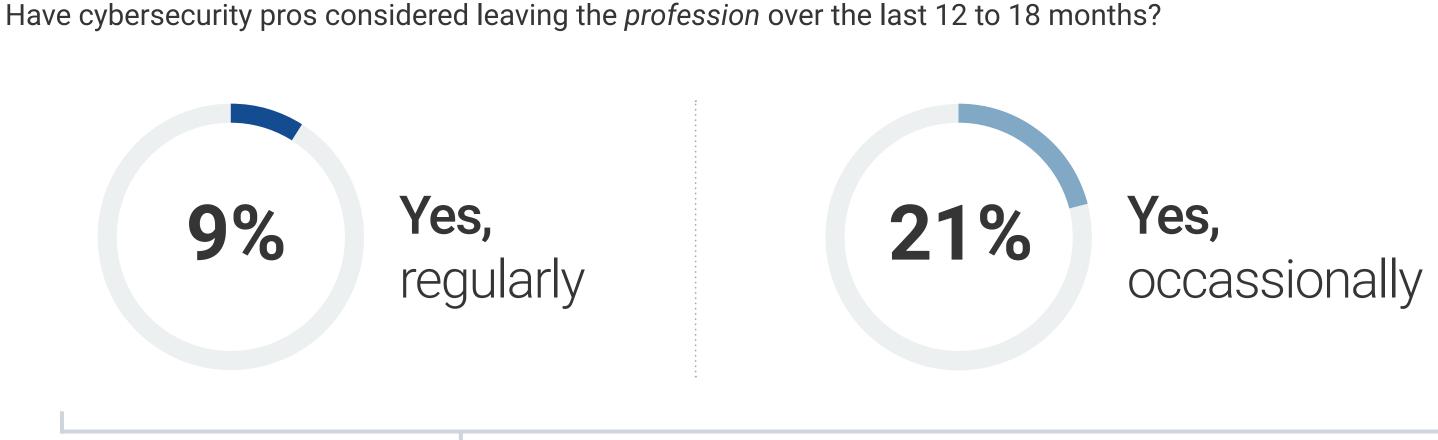
7%



8

Potential for Leaving the Cybersecurity Profession

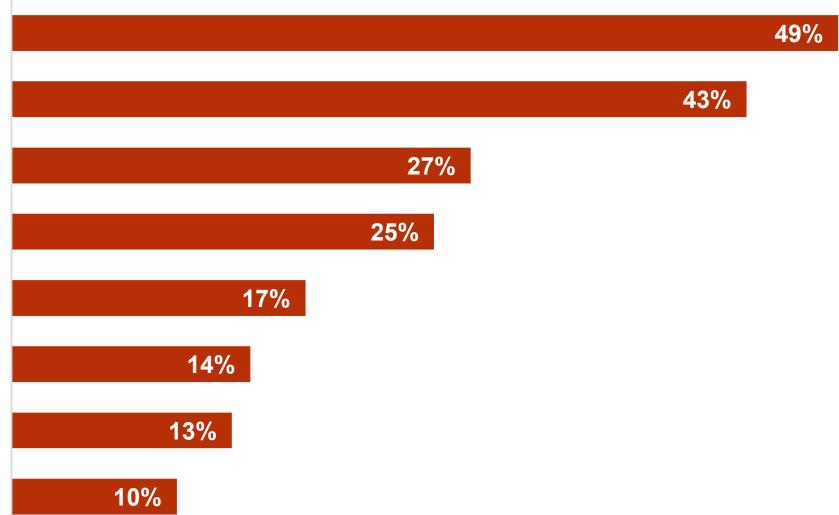
The good news is that most cybersecurity professionals are dedicated to the profession for the foreseeable future. The bad news? Nearly one-third of those surveyed consider leaving the profession on an occasional (21%) or regular (9%) basis due to the stress factors that are associated with a cybersecurity career, a lack of cybersecurity commitment by their employers, or an impending plan to retire.



High stress associated with a cybersecurity career A cybersecurity career has become too difficult

I am frustrated because the organizations I've worked for have not taken cybersecurity seriously enough I am close to retirement age and will leave the cybersecurity profession when I retire A cybersecurity career requires too many hours of work I don't think someone with my background and demographics has the appropriate opportunities for advancement in cybersecurity A cybersecurity career doesn't offer enough financial compensation While I've been satisfied as a cybersecurity professional, I'm ready and anxious to pursue a different career path

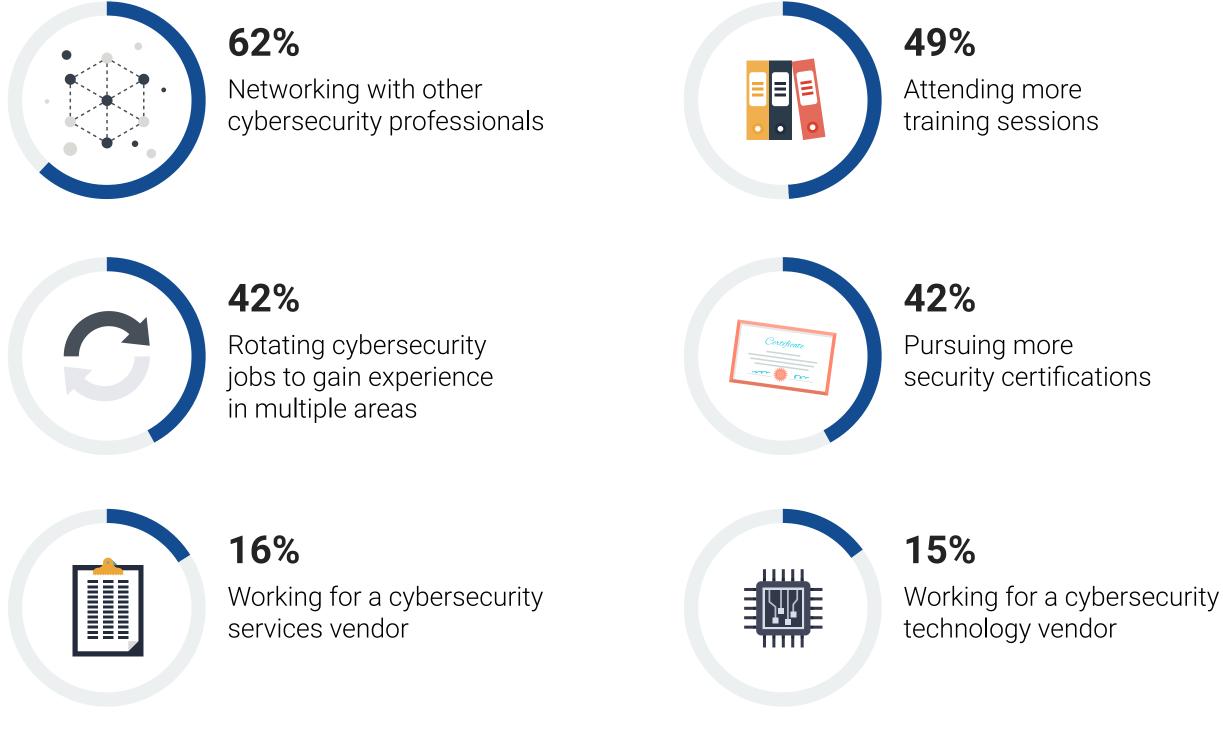
Reasons for potentially leaving the cybersecurity profession.

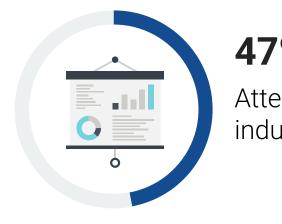


Cybersecurity Career Advancement Techniques

As cybersecurity professionals assess job opportunities, they must figure out the best avenues for career advancement. The data points to a balance of "who you know" and "what you know." Survey respondents believe networking with other cybersecurity professionals, participating in training sessions, attending industry events, and joining cybersecurity professional organizations are part of a career development strategy. It is also advantageous to gain experience across many different roles and attain appropriate security certifications.

Actions that would be most helpful for cybersecurity career advancement.





47% Attending more industry events



45%

Joining a cybersecurity professional organization



35%

Working for different organizations in different industries

26%

Pursuing an advanced degree in cybersecurity





G How can entry-level candidates start their cybersecurity careers?"

Primary piece of advice for prospective cybersecurity professionals.



Despite the cybersecurity skills shortage, many entry-level cybersecurity candidates lament that it can be difficult to break into the profession. What should they do to address the hiring bottleneck? Cybersecurity pros recommend that they seek apprenticeships, internships, or mentors, get a basic cybersecurity certification (i.e., ComptTIA Security+, ISACA Cybersecurity Fundamentals, GIAC Information Security Fundamentals (GISF), etc.), and network with a local chapter of a professional organization like ISSA. While these best practices should help, it still may be difficult for inexperienced (but ambitious) individuals to attain their first job. ESG and ISSA recommend persistence here as a first cybersecurity job can lead to fruitful career opportunities.





Cybersecurity Programs Could Be Improved by Embracing a Cybersecurity Culture



Rating Organizations' Cybersecurity Culture

Not many cybersecurity pros are bullish overall about the state of cybersecurity culture at their organizations. Indeed, less than one-third (31%) claim their organization has an advanced cybersecurity culture, where cybersecurity is considered a shared responsibility and part of the organization's business initiatives. Conversely, 43% rate their organization's cybersecurity culture as average, with more than one-quarter (27%) giving their organization a rating of fair or poor.

Characterization of the cybersecurity culture at organizations.





AVERAGE:

Cybersecurity is considered a shared responsibility by some employees and is included in some business/mission initiatives

20%

FAIR:

While my organization makes some efforts, cybersecurity is only partially considered a shared responsibility by employees and partially included in business/ mission initiatives

7%

POOR:

My organization makes little cybersecurity efforts, so cybersecurity is hardly considered a shared responsibility by employees and hardly included in business/ mission initiatives



Career History with Organizations Apathetic to Cybersecurity

While most cybersecurity professionals report an advanced or average cybersecurity culture at their current employer, many have worked for at least one organization that knowingly ignored security best practices and/or regulatory compliance requirements in the past.

Cybersecurity professionals may be asked to compromise their professional ethics in situations where their organization knowingly ignores security best practices and/or regulatory compliance requirements. Many seem unwilling to do so and would act as a whistleblower if this state of affairs occurred, as it did recently when a cybersecurity executive at Twitter testified before the judiciary committee of the US Senate about the company's cybersecurity shortcomings. The willingness to be a whistleblower was true of most cybersecurity professionals regardless of their positions, years of experience, or the size of their organizations.



Improving Cybersecurity Culture

How can organizations improve their cybersecurity culture? Cybersecurity professionals point to actions like including cybersecurity considerations in business planning, providing more/better security awareness training, and emphasizing security best practices rather than regulatory compliance. Note that 36% suggest making managers more accountable for cybersecurity performance. Certainly, business managers should support cybersecurity programs and champion cybersecurity culture, but making them accountable may be a bridge too far unless they knowingly ignore corporate governance or established security polices.

Responses to this question varied by organizational size. Smaller organizations (i.e., those with fewer than 1,000 employees) emphasized providing more and/or better security awareness training (40% versus 23% for organizations with more than 1,000 employees). For their part, enterprise organizations were more likely to suggest creating security metrics for IT and software development personnel (21% versus 13%) and embedding cybersecurity personnel within lines of business (23% versus 13%).

Include cybersecurity early on in all future business plans

Make managers more accountable for cybersecurity performance

Provide more/better security awareness training to non-technical employees

Emphasize security best practices rather than regulatory compliance

Measure and compensate the entire organization based on cybersecurity metrics

Increase cybersecurity training for IT and software development personnel

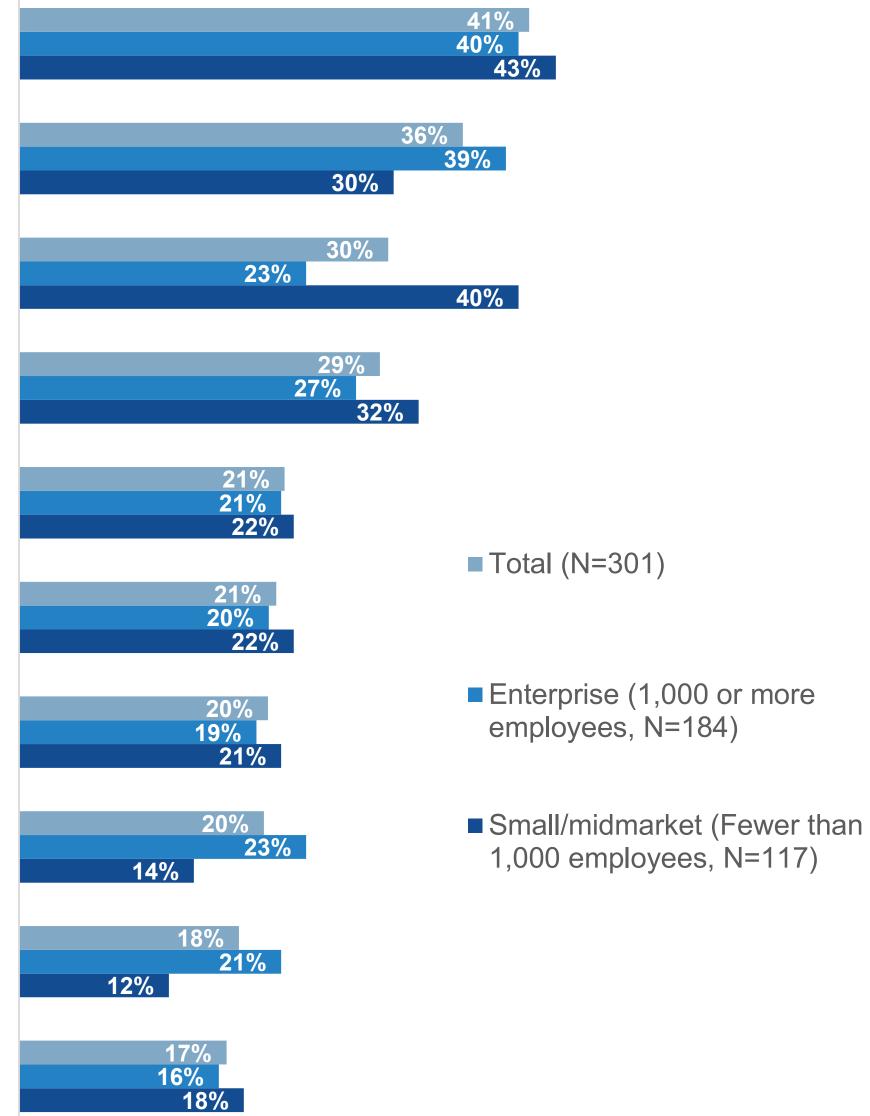
Add someone with cybersecurity knowledge to the board of directors

Embed cybersecurity personnel within lines of business

Create security metrics for IT and software development personnel

Increase the level of CISO involvement with executives and the board of directors

Steps organizations could take to improve cybersecurity culture.



The Cybersecurity Skills Shortage Is Not Improving, and Organizations Are Not Responding with the Right Countermeasures



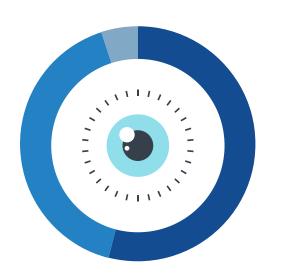
Impact and Status of the Global Cybersecurity Skills Shortage

After six editions of the Life and Times of Cybersecurity Professionals, this iteration of research clearly indicates that the cybersecurity skills shortage continues unabated. In 2023, 71% of organizations claim to be impacted by cybersecurity skills shortage, which is an increase of 14% from 2021. Alarmingly, those citing significant impacts also increased from 12% in 2021 to 27% in 2023. There is also an interesting correlation whereby organizations with the largest cybersecurity teams are those experiencing significant impact from the cybersecurity skills shortage. These firms may have specialized needs that can't be addressed or simply need even larger security teams than they currently have. It is also distressing that more than half believe the skills shortage has gotten worse over the past two years (a 10% increase over 2021). Furthermore, 32% of cybersecurity professionals believe the impact of the cybersecurity skills shortage is actually understated (i.e., the cybersecurity skill shortage is a more substantial problem than reported). CISOs must recognize that there is no end in sight to the security skills shortage and consider its implications in every decision they make. In lieu of security staff or advanced skills, organizations must include process automation, advanced analytics, generative AI, and managed services as part of their cybersecurity strategy.



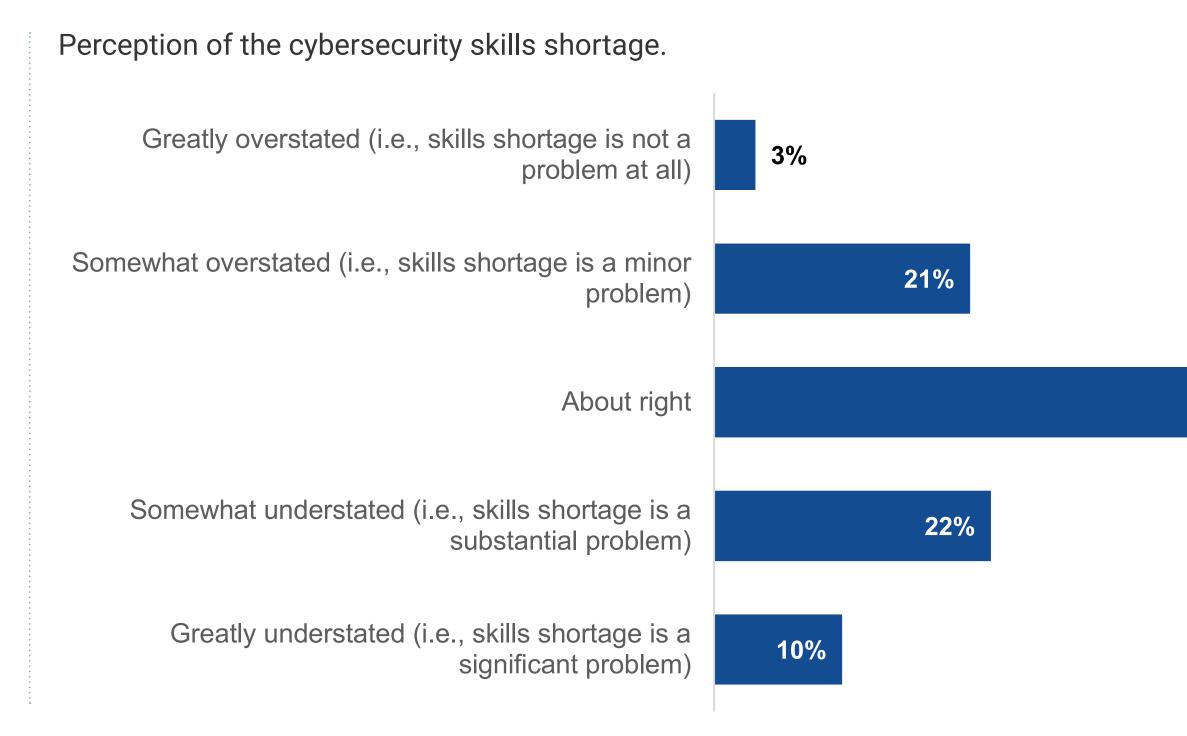
Has the global cybersecurity skills shortage impacted the organization for which you currently work?

27% Yes, significantly 44% Yes, somewhat 23% No



How has the impact of the global cybersecurity skills shortage on your organization changed over the last two years?

- **54%** It has gotten worse over the past two years
- 41% It is about the same today as it was two years ago
- **5%** It has improved over the past two years









Impact of the Cybersecurity Skills Shortage

inability to learn or utilize some security technologies to their full potential.

Impact the global cybersecurity skills shortage has had on organizations.



61% Increasing workload on existing staff



49%

New security jobs remain open for weeks or months



30%

My organization has hired and trained junior employees rather than experienced candidates



19%

My organization has delegated some security tasks to IT that it would normally do itself



28%

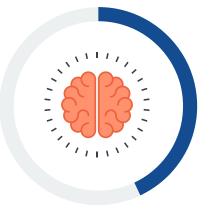
Cybersecurity staff has limited time to work with business units



19%

An increase in human error associated with cybersecurity tasks

Those organizations impacted by the cybersecurity skills shortage report ramifications like an increasing workload on existing staff, lengthy job openings (a 10% increase over 2021), and high burnout rates leading to staff attrition. Technology alone can't rectify this situation, evidenced by the fact that 39% of organizations claim that the skills shortage leads to the



43%

High "burnout" and/or attrition rate among the cybersecurity staff



39%

Inability to fully learn or utilize some of our security technologies to their full potential



28%

Cybersecurity staff time is spent disproportionally on high-priority issues and incident response



27%

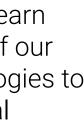
Increase in the use of professional and/or managed services



18%

Inability to investigate and/or prioritize security alerts in a timely manner







Areas of cybersecurity with most significant shortage of skills.

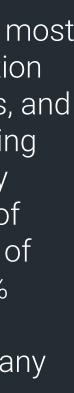


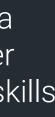
Small/midmarket (Fewer than

Most Significant Skills Shortage Areas

As in past years, organizations have the most acute skills deficits in areas like application security, cloud security, security analysis, and security engineering. The cloud computing security skills shortage disproportionally impacts larger organizations, with 43% of enterprises claiming to have a shortage of cloud security skills, compared with 27% of organizations with fewer than 1,000 employees. This reflects the fact that many enterprises are moving workloads and developing cloud-native applications at a faster pace and larger scale than smaller firms. In this scenario, a cloud security skills deficit represents a significant risk.





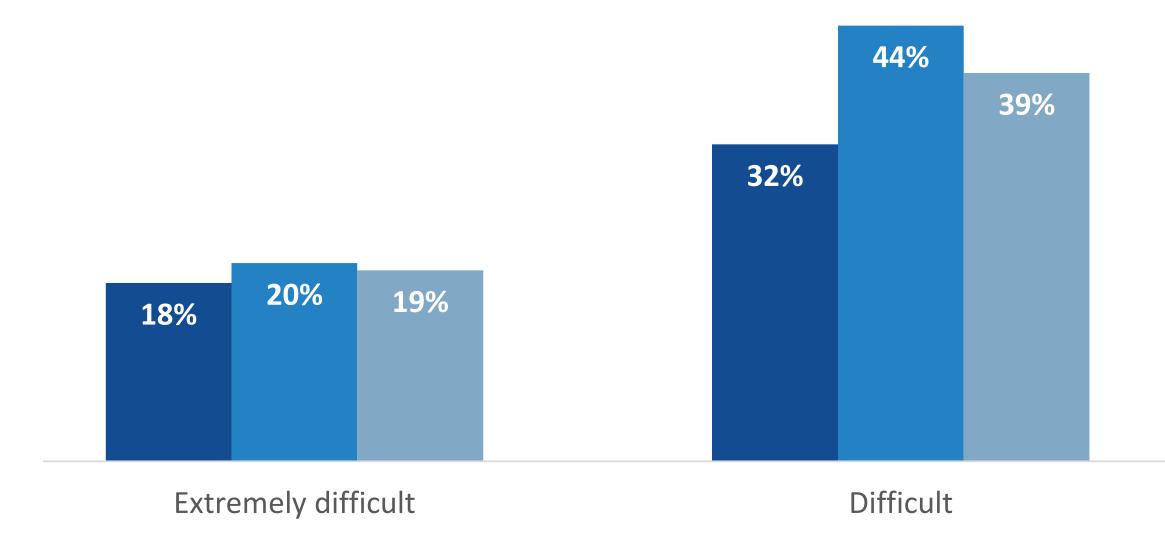


Degree of Difficulty Recruiting and Hiring Cybersecurity Staff

Within the overall survey population, a majority (88%) of respondents say it is extremely difficult, difficult, or somewhat difficult to recruit and hire cybersecurity professionals, representing a 12% increase over 2021. Larger organizations have a more difficult time than smaller ones as 66% of enterprises claim it is extremely difficult or difficult to recruit and hire cybersecurity professionals, compared with 50% of those with fewer than 1,000 employees.

Once again, this data reinforces the fact that few if any organizations can hire their way out of staff shortages or skills shortfalls. Piling more work on existing staff is also a recipe for failure. CISOs must embrace a "shift left" mentality in their security programs, adopting initiatives around security hygiene and posture management, exploit management, and a threat-informed defense (i.e., security controls based on the MITRE attack framework, threat intelligence analysis, and continuous security testing).

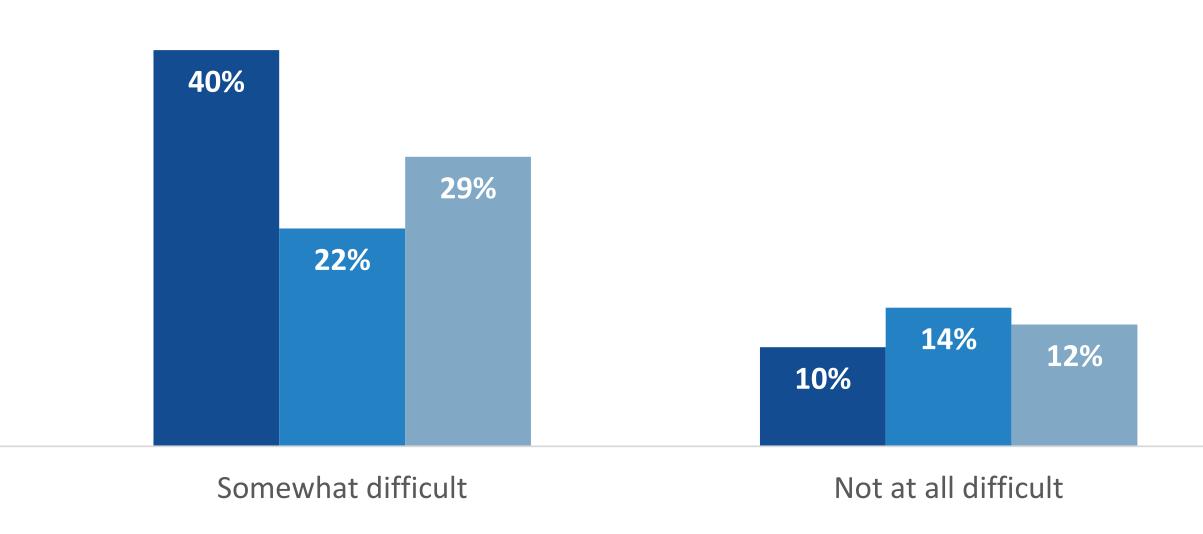
Level of difficulty recruiting cybersecurity professionals.



■ Small/midmarket (Fewer than 1,000 employees, N=117)

Enterprise (1,000 or more employees, N=184)

Total (N=301)



t and pe

Addressing the Impact of the **Cybersecurity Skills Shortage**

What else could organizations do to better counteract the cybersecurity skills shortage? Some suggestions are obvious, like increasing security staff compensation (up 22% from 2021), providing incentives for certifications or participation in industry events (up 17% from 2021), and increasing training commitments, but others are more nuanced. For example, security professionals recommend educating HR and recruiters (up 11% from 2021) so they have a better idea of how to recruit new candidates, or modifying job requirements so they align better with typical levels of experience. This will take a commitment from the CISO or a senior security manager. Additional suggestions like creating a security internship program will also require a collective effort between security and HR departments.

Overall, these suggestions will require a greater cybersecurity commitment across the organization, and much closer collaboration between CISOs and HR executives.

Increase compensation levels to make them competitive with other organizations in our industry/geography in industry events as part of compensation packages they can better target recruitment Increase its commitment to cybersecurity training so we can Create/improve a cybersecurity internship program and increase its recruiting efforts with colleges/universities Modify job requirements so they are more realistic with the typical levels of experience cybersecurity professionals have 26% job descriptions, recruiting, etc. Look beyond IT and security professionals to find qualified 21% candidates in other disciplines Offload some cybersecurity tasks/processes to managed 18% security service providers (MSSPs) 12% Delegate some cybersecurity tasks/processes to IT

bring in candidates and train them on what we need them to do

Provide incentives like paying for certifications and participation Better educate HR and recruiters on our cybersecurity needs so Work with cybersecurity professional organizations like ISSA on

Actions organizations could take to address the cybersecurity skills shortage.

59%

52%

41%

40%

40%

39%

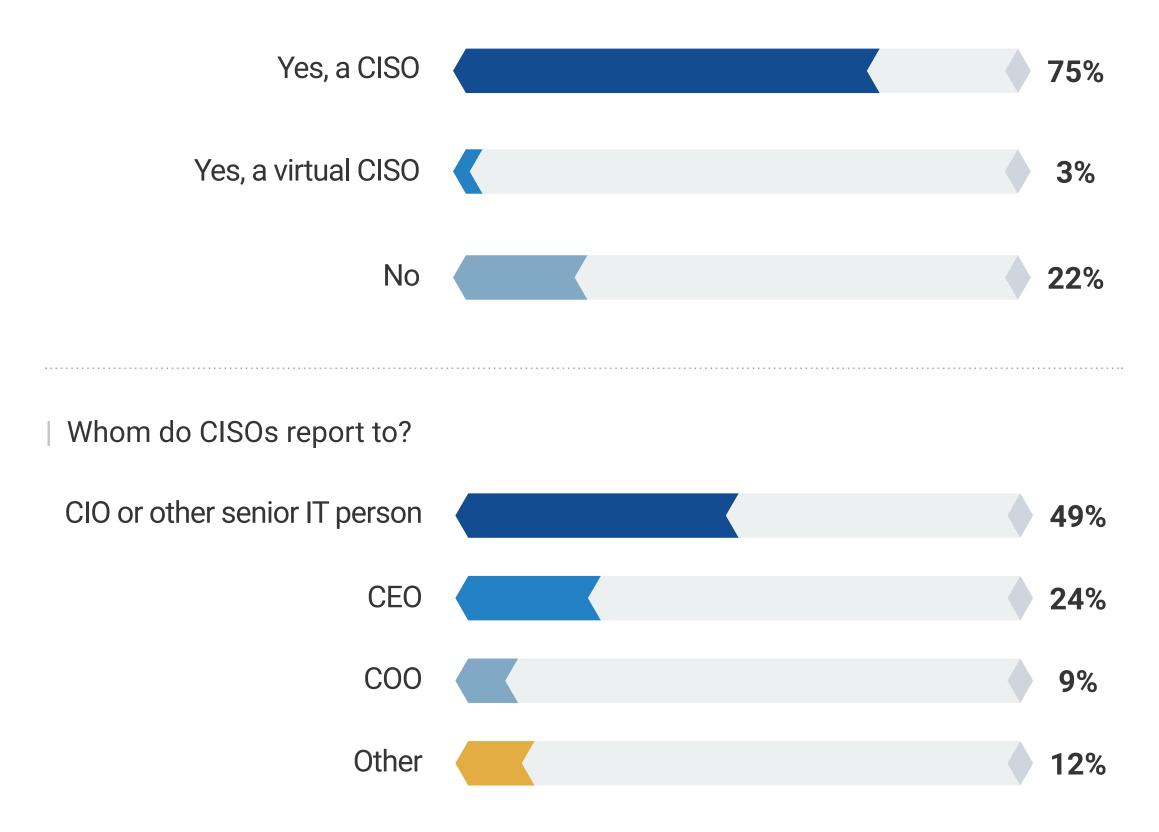
CISO Success Depends Upon Leadership and Communication Skills



Important Qualities for Successful CISOs

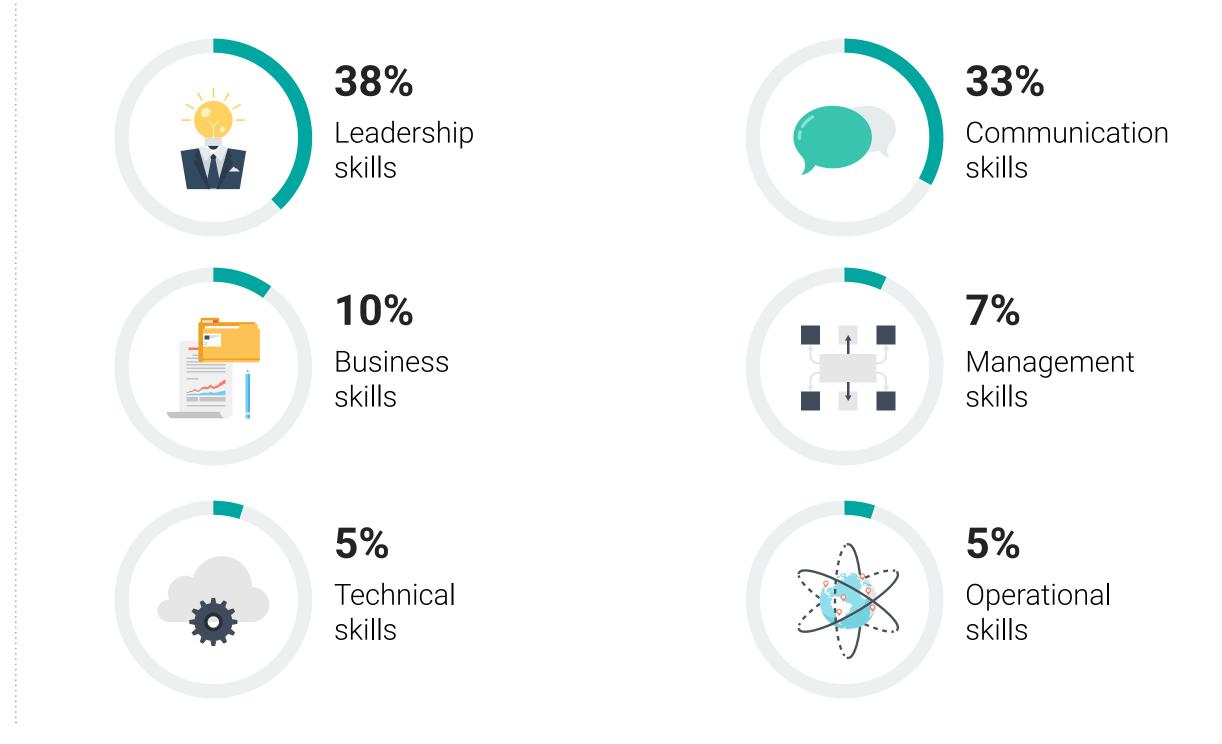
More than three-quarters (78%) of all survey respondents work at an organization with a CISO or virtual CISO. Almost half (49%) of these CISOs report to the CIO or other senior IT manager, while nearly one-quarter (24%) report directly to the CEO.

Do organizations have a CISO in place today?



When asked to identify the qualities that make CISOs successful, nearly three-quarters (71%) pointed toward leadership or communications skills. These qualities are certainly important for championing the security program, directing staff, and interacting with executives and the board. Nevertheless, modern CISOs must be equal parts business and technical executive. In other words, they must apply adequate technical controls to critical business processes and assets. Perhaps security professionals believe business and technical skills must be foundational for CISOs, but they are crucial toward the efficacy of aligning security with the organization's mission.

Most important quality of a successful CISO.

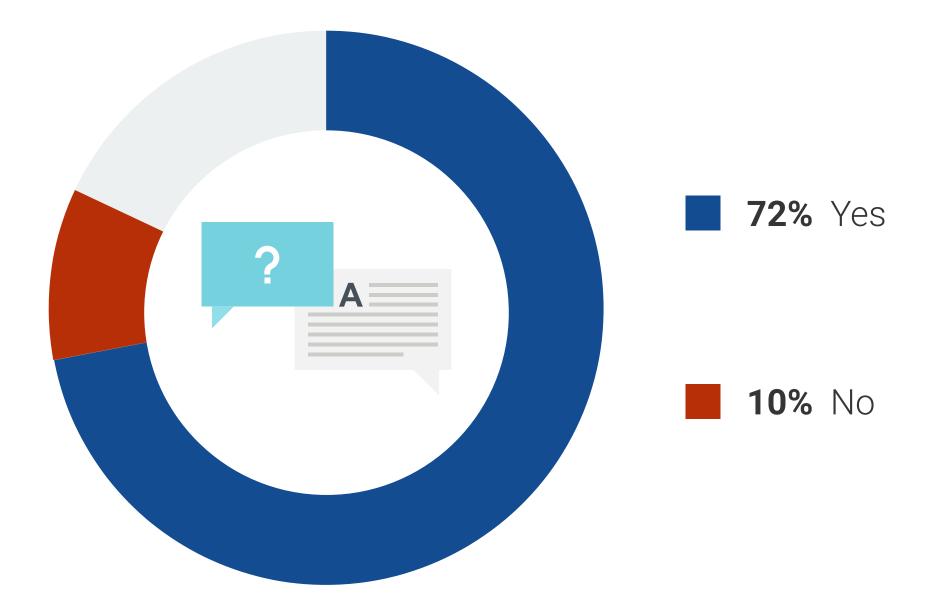


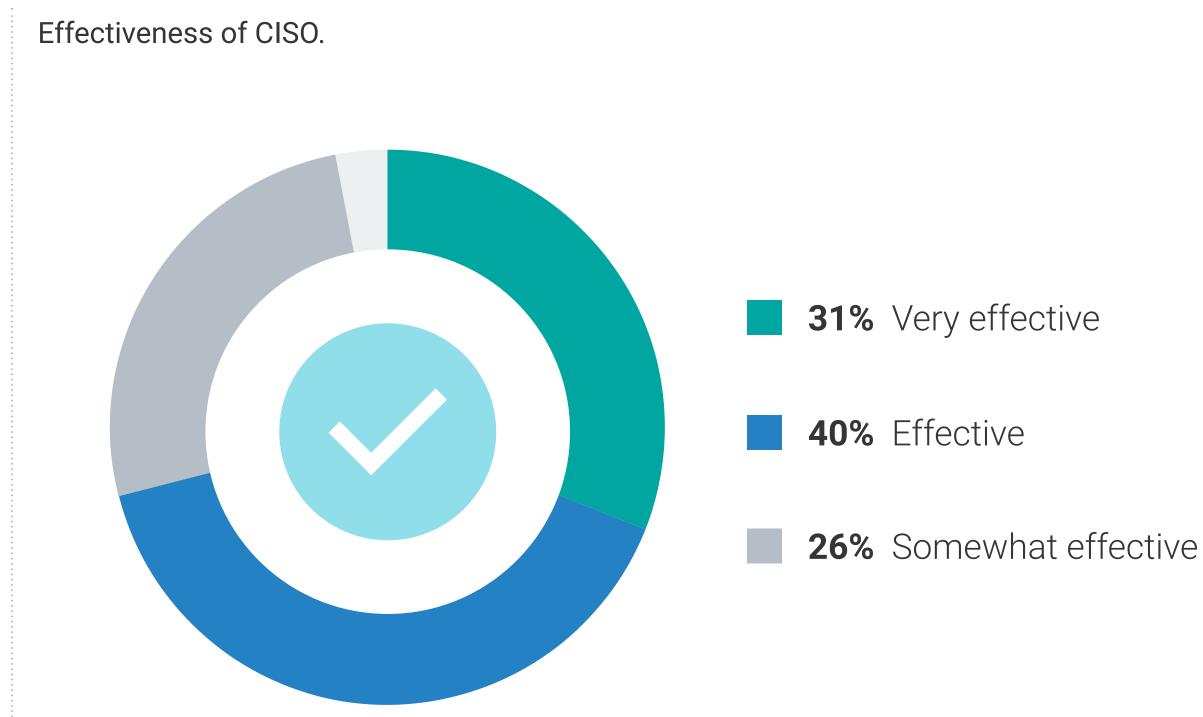


Effective CISOs Interact Frequently with Executives and Corporate Boards

In most cases (72%), the CISO actively interacts directly with their board of directors or similar oversight body. This is a bit of good news as it represents an 11% increase from 2021. It's likely that pernicious threats and regulatory requirements have forced this change. Nearly one-third (31%) of those organizations employing a CISO believe their CISO has been very effective, 40% believe their CISO has been effective, and 30% say their CISO has been either somewhat effective or not at all effective.

Does CISO actively interact with executive management and the board of directors?

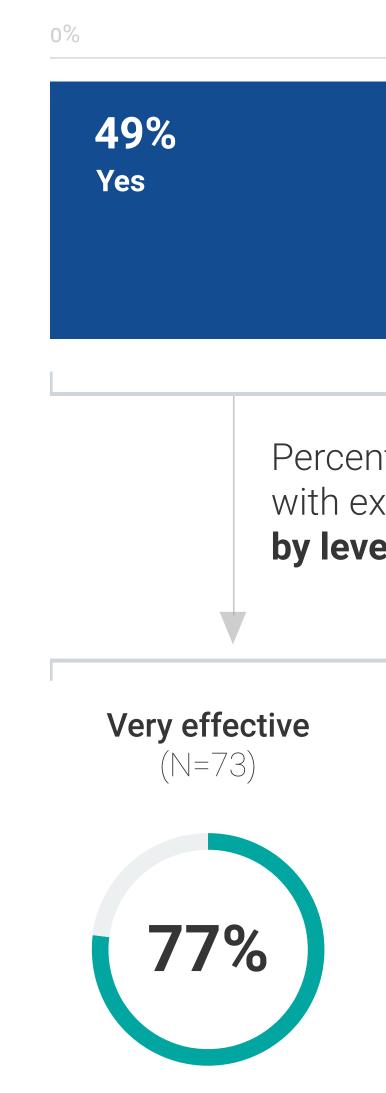


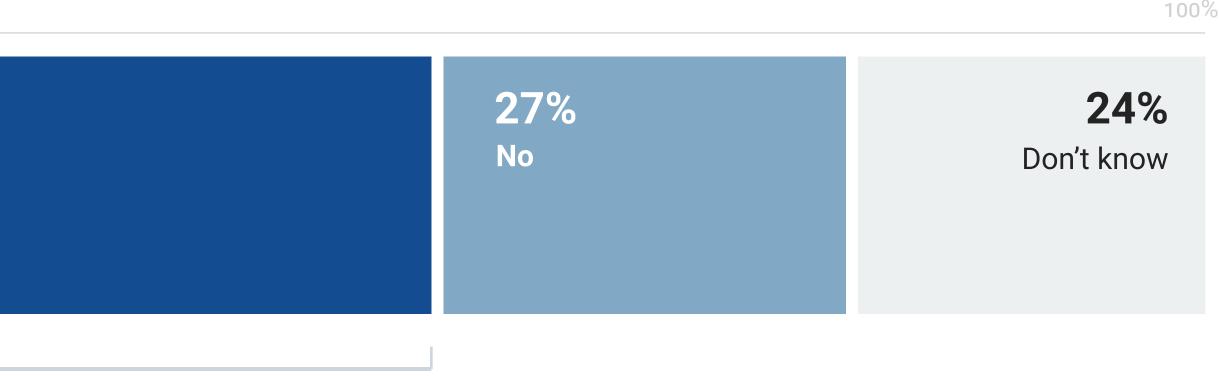


Interaction with C-suite and BoD Correlates with CISO Effectiveness

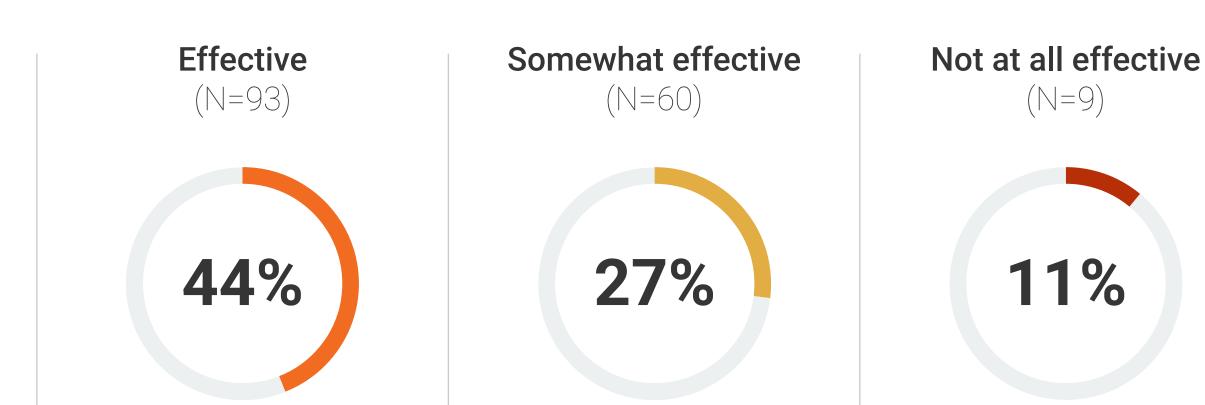
While the majority of CISOs interact with their corporate boards, less than half (49%) of survey respondents believe that their CISOs' current board-level interactions are at an adequate level. How often should CISOs interact with their boards? As often as necessary. Leading CISOs often conduct scheduled presentations to the board on a quarterly basis but engage with board members and executives on an ad-hoc basis regularly.

Additionally, there is a strong relationship between CISOs' board-level engagement and their effectiveness; adequate participation with the board equates to more effective CISO performance. Is CISO's level of participation with executive management and the board of directors adequate?





Percentage of respondents who believe their CISO's level of participation with executive management and the board of directors is adequate **by level of CISO effectiveness.** (Percent of respondents)



Likeliest causes for CISOs to leave one organization for another.



35%

Why CISOs Change Jobs Often

This correlation between CISO board-level participation and their effectiveness speaks volumes. When boards welcome, support, and listen to CISOs, it can lead to effective security programs. On the other hand, those that minimize CISO participation can expect subpar performance and potential CISO attrition. Additionally, CISOs leave their jobs when they are offered higher compensation, when budgets aren't proportionate to corporate needs, when the stresses of their job lead to burnout, and when cybersecurity remains absent from the corporate culture.

These conditions will not only lead to CISO attrition, but also poor cyber-risk management, threat detection, and incident response. Furthermore, cybersecurity will continue to be considered a technical rather than a business issue. Organizations that churn through CISOs likely suffer from these deficiencies as well.

26

Organizations Are Working Toward Future Cybersecurity Improvement



Improving Relationships **Between Security and IT Teams**

Most security professionals believe the relationship between security and IT teams is good, but there are exceptions as 24% rate this relationship as fair or poor. Survey respondents did offer some suggestions for improvement, such as ensuring security staff involvement in IT projects from their onset, increasing crosstraining between IT and security, automating endto-end processes, and embedding cybersecurity staff members into functional IT groups. It is noteworthy that increasing cross-training increased from 26% in 2021 to 42% in 2023. This increase is likely driven by the preponderance of technical initiatives like supporting remote workers, connecting IT systems with third parties, and developing cloud-native applications.

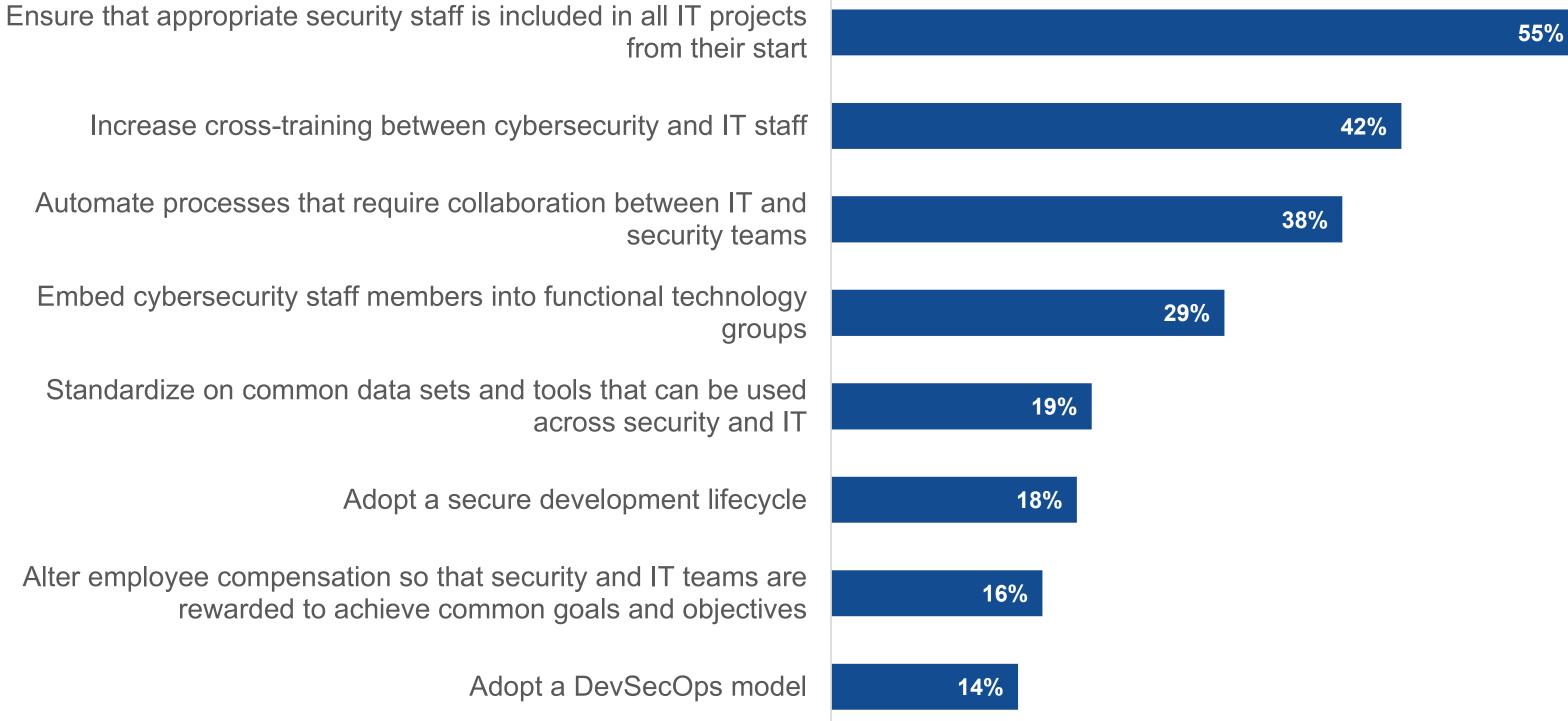
Many of these suggestion are critical elements of a DevSecOps program. Projects often begin with threat modeling, proceed to secure software development lifecycles, and include a continuous integration/continuous development (CI/CD) pipeline with automated security testing and tools integration. In this way, DevSecOps represents a model for effective security and IT collaboration.



Most impactful actions for improving the working relationship between the security and IT teams.

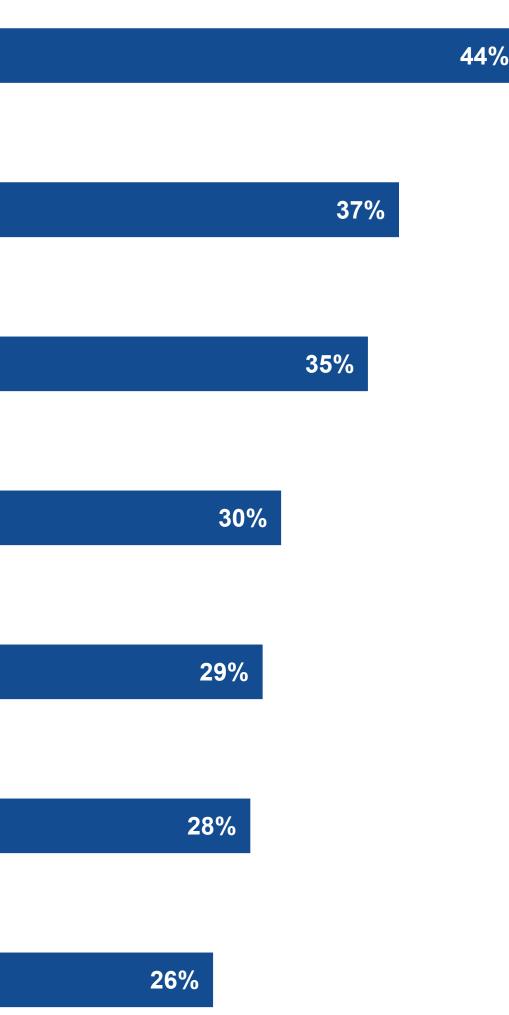


of organizations rate the **relationship between security** and IT teams as fair or poor.



Most impactful actions for improving the working relationship between the security and business management teams.

Improve our ability to identify and quantify cyber-risks as they apply to the business Increase cybersecurity training for executives and corporate boards Focus cybersecurity resources and investments on business-critical assets (i.e., critical applications, sensitive data, key individuals and business processes, etc.) Establish one or more positions for business information security officers (BISOs) who would align cybersecurity with line-of-business processes and goals and build KPIs and metrics that align with the business mission Provide more business training for cybersecurity staff Increase CISO participation with executive management and corporate boards, including business planning and strategy Establish a formal enterprise security program that can be shared and adjusted based upon business input



Improving Relationships Between Security and Business Managers

Cybersecurity professionals also have suggestions for improving the relationship between security and business managers, including better identification of cyber-risks as they apply to the business, increasing executive (and board-level) cybersecurity training, focusing cybersecurity on business-critical assets, and establishing BISOs (or perhaps CISOs) within business units. The recommendation for more executive cybersecurity training jumped from 26% in 2021 to 37% in 2023. This could be related to new regulatory responsibilities, like changing SEC rules about board-level cybersecurity responsibility.

Many organizations use continuous red teaming and penetration testing to help them gain an adversary perspective to assess their security defenses. In this way, they can identify cyberrisks that could impact the business and focus cybersecurity resources on the appropriate business-critical assets. This strategy, often referred to as a threat-informed defense, helps focus business and security teams on critical but vulnerable systems and establish the right priorities for risk mitigation.

29

Improving the Cybersecurity Program

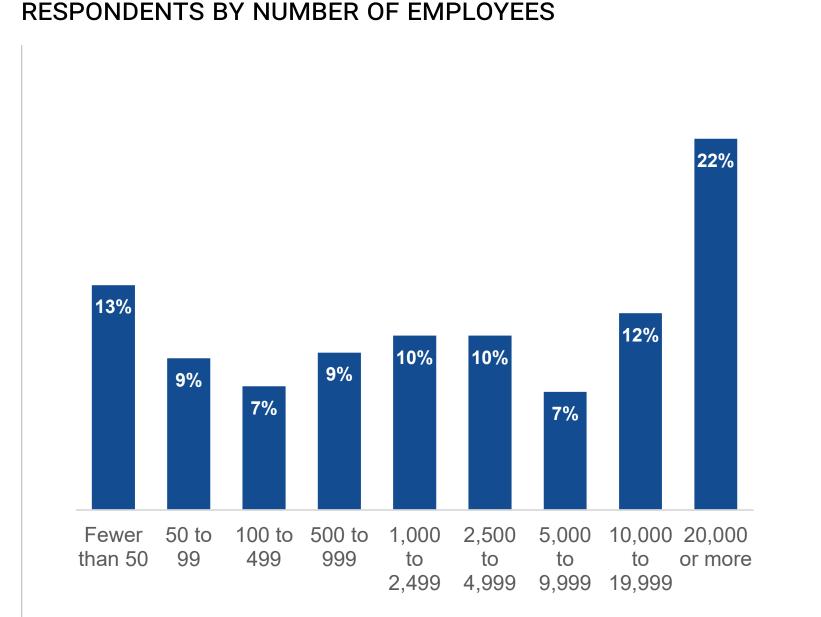
Finally, survey respondents were asked how their organizations could improve their overall cybersecurity programs. Some responses, like increasing training, creating a better cybersecurity culture, hiring more staff, and increasing cybersecurity budget, are palpable solutions and common themes throughout the research. Others are less obvious. For example, improving basic security hygiene and posture management requires an understanding of the attack surface, strong threat intelligence analysis, and comprehensive vulnerability management practices. In this way, organizations can gain a thorough understanding of what assets they have, which of those assets is vulnerable, and which of Increasing security awareness training may not seem like a novel idea, but organizations can still benefit by shifting from "checkbox" training to more realistic approaches, like synthetic phishing campaigns accompanied by tailored training.



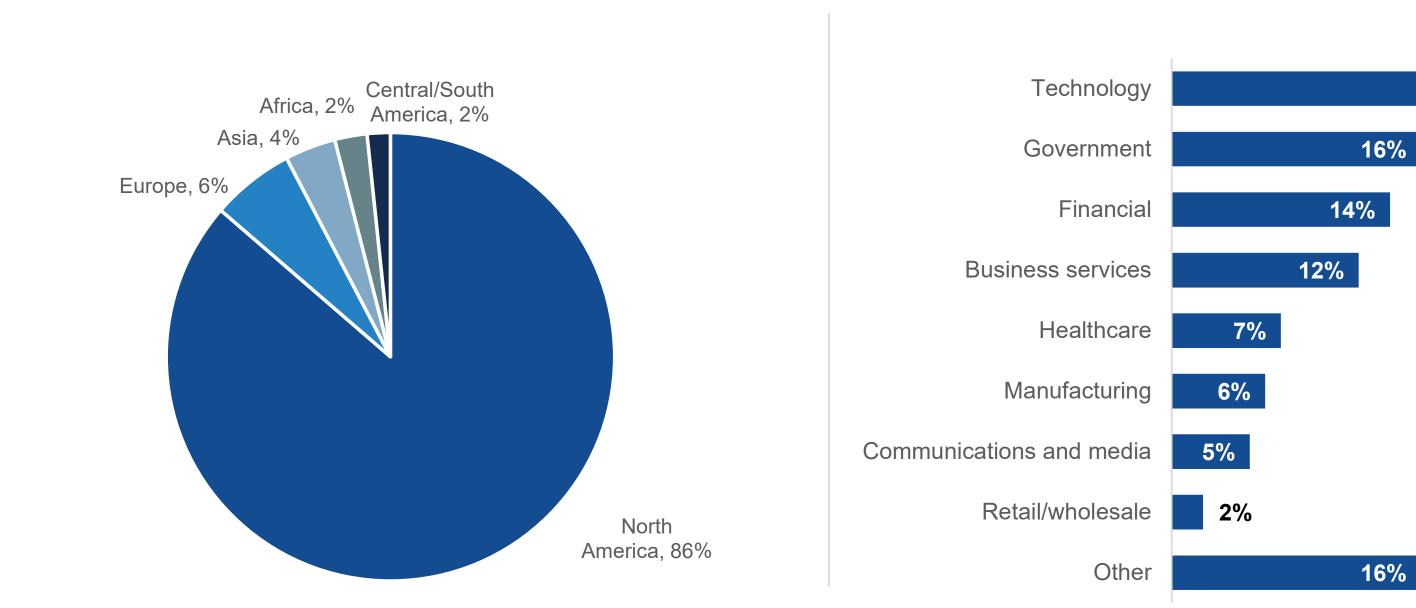
Respondent Demographics and Research Methodology

To gather data for this report, ESG conducted a comprehensive online survey of IT and cybersecurity professionals from private- and public-sector organizations across the globe between February 7, 2023, and March 12, 2023. To qualify for this survey, respondents were required to be information security and IT professionals from ISSA's member list. All respondents were provided an incentive to complete the survey in the form of cash awards and/or cash equivalents.

After filtering out unqualified respondents, removing duplicate responses, and screening the remaining completed responses (on a number of criteria) for data integrity, we were left with a final total sample of 301 IT and cybersecurity professionals.



RESPONDENTS BY REGION



RESPONDENTS BY INDUSTRY



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